

Number of Meals Consumed by the Pre-School Age Going Children and Its Relationship to the Status of Pre-School Attendance in Kenya

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Abstract

This survey research studied the number of meals that children consume in a day and their school attendance. The study is a correlation study employing a survey method with a sample of 390 children whose parents participated in the study. The main objective of the study was to establish the number of meals that pre-school age going children in Kenya consume in a day. The study is conducted in five Kenyan divisions. The researcher utilized a questionnaire to parents of pre-school age going children with children attending and children not attending pre-school education. The t-test (two tailed) for testing equality of means for independent samples was used to test H01. This study concludes that A t-test (two tailed) for independent samples found a significant relationship between the number of meals consumed in a day and attendance in pre-school.

Key words: Pre-School Attendance; Early Childhood Education; Kenya

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